

# Delta Academies Trust Sizing Guide

We have provided a guide to help you to choose the correct size for your child's uniform. You will need a sewing tape measure to make accurate measurements. Please note all information provided on measuring is only a guide to assist you in your choice.



## Find the right size: Boys

### (1) Neck

Measure the child's full neck circumference where the shirt would naturally sit. Please allow maybe 2 fingers to fit between the neck and the tape measure this is the growth room. Always allow a little growth room in your choice.

### (2) Chest

Measure the child's chest under the arms at the fullest part of the chest. The measurement is the full circumference of the chest. Allow your child to breathe in and take this measurement. We would suggest the chest size to be no less than this measurement.

### (3) Waist

Measure around the child's natural waistline. The measurement needed is the full circumference of the waist; the trousers do have adjustable waist bands so you can make slight adjustments to fit the waist.

### (4) Inside leg

Unlike the other measurements the inside leg measurement corresponds to the length of the trouser. Measure from the crotch to where your trouser would normally be worn on the shoe.



Chest

Waist

## Find the right size: Girls

### (1) Chest

Measure the child's chest under the arms at the fullest part of the chest. The measurement is the full circumference of the chest. Allow your child to breathe in and take this measurement. We would suggest the chest size to be no less than this measurement.

### (2) Waist

Measure around the child's natural waistline. The measurement needed is the full circumference of the waist; the trousers do have adjustable waist bands so you can make slight adjustments to fit the waist.